

Center for People in Need **RESOURCE HANDBOOK** For Free or Low Cost Children's Services

Updated January 2009



Center for People in Need

3901 North 27th Street Unit 1- Lincoln, NE 68521
www.centerforpeopleinneed.org
476-4357



Need help? Don't know where to start?

To find help with housing, health care, food pantries, childcare, drug or alcohol abuse counseling, mental health issues, aging concerns, and many other human services. Dial 2-1-1 or go to www.ne211.org.

Dial 2-1-1. Trained personnel will answer your call
(all languages)



The mission of the Center for People in Need is to enhance opportunities for families and youth as they address socio-economic barriers limiting their paths to success.

3901 North 27th Street Unit 1

Lincoln, NE 68521

402-476-HELP (4357)

Fax: 402-476-4358

Website

www.Centerforpeopleinneed.org

Beatty Brasch

Executive Director

Deb Daily

Director of Operations

The Center for People in Need is a 501 (c) 3 organization and all contributions are tax deductible.

Lincoln Children's Museum

LINCOLN CHILDREN'S MUSEUM

1420 P Street

Lincoln, Nebraska 68508

www.lincolnchildrensmuseum.org

477-4000

477-0128

The Have a Heart program is valid for parents and their children
(up to 18) living in the same household.

***Pay \$5 for your entire family for unlimited visits
throughout the WHOLE year!**

How do I apply for Have a Heart?

Complete the Have a Heart Enrollment form.

Show proof of income to a museum representative.

Pay \$5 annual processing fee.

Proof of Income

Verification of enrollment:

Medicaid card

Lincoln Action Program

Head Start

Completed IRS Form 1040

Income Guidelines

Income equal to or less than amount shown for a family of:

2	\$25,326
3	\$31,764
4	\$38,202
5	\$44,640
6	\$51,078
7	\$57,516
8 or more	\$63,954

Terms of Have a Heart admission: Only for immediate family members listed on the card.

Non-transferable and non-refundable

Free admission may not apply to special events

Have a Heart is an admission program only. No other discounts or benefits apply. Terms and longevity of the Have a Heart program are subject to change. ***Applications with the \$5 fee paid are available through the Center for People in Need for a short time.**

Lincoln Public Schools Enrollment Policies

School Health Screening

Nebraska statute **requires school-age health screening**. Children in preschool and kindergarten through third grade, sixth and ninth grade are screened for vision, hearing, dental defects, height and weight. The screening program also incorporates blood pressure and scoliosis (spinal curvature) screening at the sixth and ninth grades. Students entering the Student Assistance Process at any grade level, and those about whom health concerns are identified to the school nurse, may also be screened. Parents are notified of any health concerns as they are identified. Parents who do not wish their child to participate in the school health screening program must provide screening results from a medical provider, dated no earlier than May 1 of the current calendar year, by December 1.

Evidence of a physical examination by a qualified physi-cian is required within six months prior to the entrance of the child into Early Childhood classes, kindergarten and the seventh grade or in the case of transfer from out of state to any other grade. A parent or guardian who objects must submit a written statement of refusal for his or her child. The statement will be kept in the student's file. Waiver forms are available in the school health office. Additional physical exam requirements may apply for athletic participation.

**** New for 2006-2007 school year. Evidence of a visual evaluation by a physician, a physician's assistant, or an advanced practice registered nurse within 6 months** prior to the entrance of the child into the beginner grade or, in the case of a transfer from out of state, to any other grade.

Immunization Requirements

Students must show proof of immunization upon enrollment in Lincoln's public schools. Any student who does not comply with the immunization requirements will not be permitted to continue in school. Students with medical conditions or sincerely held religious beliefs which do not allow immunizations must complete a waiver statement which is available in school health offices. Unimmunized students may be excluded from school in the event of a disease outbreak.

Vaccines (Shots) for Children

Vaccines (Shots) for Children in Order to Start School

The Lincoln/Lancaster County Health Department provides free vaccines to eligible children. There is a \$15 administrative fee per child; however, the health department will not deny anyone services. Children must meet one of the following criteria to be eligible for vaccines:

- Be enrolled in the [Medicaid](#) or [Kids Connections](#) program
- Have no health insurance coverage
- American Indian or Alaskan Native
- Underinsured: the child may have some health insurance but the benefit plan does not include immunizations.
- **Children are NOT required to have documentation**
- **NO PROOF OF INCOME is required**

The vaccines available through the Lincoln/Lancaster Health Department currently include twelve vaccines: diphtheria, tetanus, [pertussis](#), [Haemophilus influenza type b](#), poliomyelitis, measles, mumps, rubella, [hepatitis B](#), pneumococcal, flu and varicella.

For more information, please contact:

Lincoln/Lancaster County Health Department
3140 N St.

441-8065

Please arrive at least a half an hour before closing to allow time to fill out the paperwork and bring all vaccine records.

NO APPOINTMENT NECESSARY.

Hours: Monday	8a.m. – 4:00p.m.
Tuesday	8a.m. – 4:00p.m.
Wednesday	8a.m. – 4:00p.m.
Thursday	8a.m. – 5:00p.m.
Friday	8a.m. – 4:00p.m.
First Saturday of each Month:	10:00am -1:00pm

GET SHOTS NOW.....BE READY FOR SCHOOL

Parent and Child Programs

NORTHEAST FAMILY CENTER



Northeast Family Center programs are designed to provide children a stable, supportive family environment and increase parents' confidence and competence in their parenting abilities. **6220 Logan 68507 471-3700**
nfc1@alltel.net

Parents As Partners

Young Parents Program is a monthly information and support program for past and present teen parents. Special events, incentives and a meal are included. **FREE**

Parents as Teachers is an early learning program for parents with children birth to age 5 including a monthly home visit from a certified Parent Educator. Fee is **\$30 per year**

Playgroup is a weekly structured class for parents and children birth to age 5. Stories, music, crafts, free play and snacks included. **FREE**

2006-20007 PRESCHOOL

Academic preschool experience with daily snack provided as well as special events during the year.

3-4 year Tues/Thurs 9:00-11:30 am \$50 per month

4-5 year M/W/F 9:00-11:30 am \$75 per month

4-H (8+ years) Wednesdays 6-7:30 pm FREE

ADHD Tutoring (6+ years) Tuesdays 6:00-7:30 pm FREE

Call for information about Gymnastics, Youth Dance, Martial Arts Yoga/Aerobics and more coming this Fall 2006. 471-3700

Lincoln Public Libraries

Anderson Branch Library
3635 Touzalin Avenue
441-8540

Arnold Heights Branch Library
3815 NW 54th Street
441-8580

Bennett Martin Library
136 South 14th Street
441-8500

Bethany Branch Library
1810 North Cotner Boulevard
441-8550

Eiseley Branch Library
1530 Superior Street
441-4250

Gere Branch Library
2400 S. 56th Street
441-8560

South Branch Library
2675 South Street
441-8570

Walt Branch Library
6701 S. 14th Street
441-4460

Lincoln City Libraries has a variety of materials for both youth and adults, in languages other than English. Materials range from learning English, to recreational reading, to world music on CD; lots of children's picture books are bilingual. Materials are in a variety of formats ranging from the good-ole-books to DVD's, CD's, books on tape, etc. The Lincoln City Libraries have had and continue to offer, programs for Spanish and Arabic speaking Families.

Call for information about services—Library Cards are FREE to all family members as is access to the internet.

Head Start Program



Head Start **Early Head Start**

*A Child's Early Years Are
Critically Important!*

Apply for Head Start today.

Services to low-income pregnant women and families with children ages birth to five years old.

We Offer:

Opportunities to socialize and experience success Home visits focusing on child development A variety of learning experiences

Child health and developmental screenings

Help for special needs of children with disabilities

Assistance in using community resources

Opportunities to increase self-sufficiency,

Health, nutrition, and social services for the family

*Applications are available at the following
locations. For more information, stop by or call:*



Lincoln Public
Schools

Lincoln Public Schools

5901 "O" Street

Lincoln, NE 68510

(402) 436-1995

Lincoln Action Program

210 "O" Street

Lincoln, NE 68508

(402) 471-4515

Other Information

Information about Health Services for children is available in the Neighborhood FOOD Medical Care Booklet.

Information for Summer Recreational activities is provided as it becomes available. Past information has included:

Discounted daily admissions to the Lincoln Public Pools

American Red Cross Swimming Lessons on a Sliding Fee Scale

Free Season Pass to Lincoln Public Pools in exchange for Swimming Lesson certification.

Information about Food programs specifically for children: (See Food Booklet for other Food information)

**WIC-Women, Infants and Children
Lincoln-Lancaster County Health Dept.**

3140 N Street 68508 **441-6200**

Family Service

501 South 7th Street 68508 **441-8655**

WIC is a supplemental nutrition program serving pregnant, breast-feeding, postpartum women, infants, and children up to age 5. Eligibility includes incomes up to 185% of the Poverty line (\$37,000 for a family of 4). Monthly WIC vouchers range from \$33-\$122 per month.

Summer Food Program

Lincoln Lancaster County Health Dept.

3140 N Street 68508

441-8000

Free meals for children age 2-18 at income-eligible community sites. Offered during the summer when reduced fee school lunches are not available.

Call **441-8000** for site information.

Salvation Army

2625 Potter

474-6263

May be able to access **diapers, wipes and desitin** if requested every 2 months. Income and other guidelines apply.

Emergency Information

Emergency Numbers

Adult Abuse —NE Health and Human Services TDD	800-652-1999 471-9570
Animal Abuse –Break the Link	441-0212
Child Abuse and Adult/Elder Abuse Reporting Hotline	800-652-1999
Drug/Alcohol Drug Crisis Line	475-5683
Fire/Medical Emergency	911
HIV/AIDS NE Hotline	800-782-2437
Planned Parenthood Facts of Lifeline	1-866-631-7526
Poison Center Children’s Hospital	800-222-1222
Police/Emergency	911
Police-Non-Emergency TDD/TTY	441-7204 441-7802
Voices of Hope Crisis Center	475-7273
Suicide/Mental Health Lancaster County Mental Health	441-7940
Youth/Family Crisis Cedars Youth Services V/TDD	437-8888

Neighborhood FOOD Program



Center
for
People
in
Need

Center For People In Need Neighborhood FOOD Program

3901 N 27th Street Unit 1
Lincoln, NE 68521

476-4357



Center for People in Need Neighborhood FOOD distributes food and commodities at the following sites on a weekly basis through collaboration with the Food Bank of Lincoln.

THE WEEK OF THE FOURTH TUESDAY OF EVERY
MONTH IS **USDA COMMODITIES** AT ALL LOCATIONS.

Tuesday

1:00-2:00 pm **F Street Community Center** 1225 F Street
3:00-4:00 pm **Matt Talbot Kitchen & Outreach** 1911 R Street
5:00-6:00 pm **Center For People in Need** 3901 N. 27th Street

Thursday

1:00-2:00 pm **Malone Community Center** 2032 U Street
3:00-4:00 pm **Oak Lake Evangelical Free Church** 3300 N 1st Street

**You may only receive USDA Commodities
ONCE A MONTH. Neighborhood FOOD may be
received ONCE A WEEK.**

For more information please call: **476-4357**

Income Guidelines

Size of Household	Current monthly income
1	\$1560
2	\$2100
3	\$2640
4	\$3180
5	\$3720
6	\$4260



3901 North 27th Street Unit 1
Lincoln, NE 68521
www.centerforpeopleinneed.org
402-476-4357

For other information about free and low cost services in the community contact the Center for People in Need for Resource Booklets on Food, Medical Care, and Miscellaneous Services.

Handbook prepared by the Center for People in Need for the Neighborhood FOOD program. Please contact or email at the number or address above to update or remove information.