

Center for People in Need
RESOURCE HANDBOOK
For Free or Low Cost
Miscellaneous Services

Updated October 2011



Center for People in Need

3901 North 27th Street Unit 1- Lincoln, NE 68521
www.centerforpeopleinneed.org
402-476-4357

Need help? Don't know where to start?

There are two resources for help:
The Center for People in Need's Referral and Information Program can help you find resources for food, medical care and a variety of other needs. **Call: 402-476-4357**



To find help with housing, health care, food pantries, childcare, drug or alcohol abuse counseling, mental health issues, aging concerns, and many other human services. Dial 2-1-1 or go to www.ne211.org.

Trained personnel will answer your call

Neighborhood FOOD Program



Center For People In Need Neighborhood FOOD Program

3901 North 27th St., Unit 1

Lincoln, NE 68521

402-476-4357

Center for People in Need Neighborhood FOOD distributes food and commodities at the following sites on a weekly basis through collaboration with the Food Bank of Lincoln.

**THE FOURTH WEEK OF EVERY MONTH IS
USDA COMMODITIES ONLY AT ALL LOCATIONS.**

Tuesday

1:00-2:00 p.m. **F Street Community Center**, 1225 F St.

4:00-6:00 p.m. **Center For People in Need**, 3901 N. 27th St., Unit 1

Thursday

1:00-2:00 p.m. **Malone Community Center**, 2032 U St.

3:00-4:00 p.m. **Oak Lake Evangelical Free Church** 3300 N 1st St.

You may only receive USDA Commodities once a month. Neighborhood FOOD may be received once a week.

For more information please call: (402) 476-4357



**Being first in line does not mean you will receive better food. Foods with limited supply will be spread out throughout the hour.

2011 Income Guidelines

Size of Household	Current monthly income
1	\$1361
2	\$1839
3	\$2316
4	\$2794
5	\$3271
6	\$3749

Transportation

Bus Pass Purchase Locations

**CALL TO MAKE SURE PASSES ARE AVAILABLE TO BUY
AT THE FOLLOWING LOCATIONS, DAYS AND TIMES:**

C. Yoakum Family Resource Ctr, 4621 NW 48th St, **434-2621**, M-F 8:00 a.m.
-noon & 1:00-5:00 p.m.-School Year; Summer M-F 8:30 a.m.-4:30 p.m.

Center For People In Need 3901 N. 27th St., **476-4357**,
M-F 9:00 a.m.-12:00 p.m., 1:00 – 4:00 p.m.

Community Action Partnership, 210 O St, **471-4515**, M-T-W-TH 2:00-5:00
p.m.

Community Mental Health Center, 2201 S. 17th St., **441-6600**, M-F 8:30
a.m.-4:30 p.m.

F Street Community Center, 1225 F St., 441-7951, M-F 8 a.m.-8:45 p.m.,
Sat. 9:00 a.m.-4:45 p.m., Sun. 1:00-5:45 p.m.

Good Neighbor Center, 2617 Y St., **477-4173**, M-TH 10:00 a.m.-4:00 p.m.,
F 10:00 a.m.-2:00 p.m.

El Centro de las Americas, 2032 U St., **474-3950**, M-F 9:00 a.m.-5:00 p.m.

HUB, 835 S. 12th St, **471-8515**, Wed 1:00-3:00 p.m.

Indian Center, 1100 Military Rd, **438-5231**, M-F 9:00 a.m.-5:00 p.m.

Kaplan University, 1821 K St., 8:00 a.m.-4:00 p.m.

Northeast YMCA, 2601 N. 70th St., **434-9268**, M-F 8:00 a.m.-5:00 p.m.

People's City Mission, 110 Q St, **475-1303**, M-F 9:00 a.m.-4:30 p.m.

People's City Mission Distribution Center 2101 N St., **475-6898**, M,T, TH, F
9:00-11:30 a.m. & 1:30-4:30 p.m., W 9:00-11:30 a.m.

Southeast Community College, 8800 O St., **437-2564**, M-F 8:00 a.m.-5:00
p.m.

StarTran, 710 J St., **476-1234**, M-F 8:00 a.m.-4:30 p.m.

Emergency Housing

Friendship Home 402-437-9302

Emergency shelter for battered women and their children.

People's City Mission 402-475-1303

Overnight shelter, three meals a day. Men's shelter serves single men. Family and Women's Shelter serves single women or men with children. Showers and laundry facilities also available.

Non-Emergency Housing

Aging Partners 402-441-7070

Listings of subsidized and retirement housing.

Assistive Technology Partnership 1-877-428-8844

www.housing.ne.gov

A free online service to list and find rental housing and housing services in Nebraska. Can also be accessed by phone by calling toll free **1-877-428-8844**. When you call you will give them the location you are looking for housing in and how much you can afford to spend and they will try to match you up with housing you can afford.

City of Lincoln Housing Authority 402-434-5500

5700 R St.

Federally subsidized housing for low-income families and elderly. Non-subsidized housing also available. How to apply for housing: Apply at office, no appointment necessary. You will be required to have birth certificates for all household members born in the United States or I-94 or Permanent Resident cards for household members who are not US citizens, Naturalization documents, Social Security cards for all members of the household, income and asset information, residency information for the last five years, including names addresses and telephone numbers of all landlords, and if disabled must have Social Security disability award letter.

Fresh Start 402-475-7777

Drug and alcohol free transitional living for women 19 and older without custody of their children. Call for more information.

People's City Mission 402-475-1303

Curtis Center Transitional Housing for homeless men.

Community Action Partnership

402-471-4515

210 O St.

Outreach program for families with children in Head Start and daycare.

Rent and Utilities Assistance

Catholic Social Services

402-474-1600

Emergency Services Program will provide help with utility bills and rent. It is recommended to contact them early in the week and as soon as possible before the shut off or eviction notice is received because their process takes time. They will call the utility company for the family. They may only help families with children.

Churches

Families that are connected to, or are members of a church, should ask their church for assistance. Many churches have funds available to their members. Some of the larger churches will assist families that are not currently members of the congregation.

Community Action Partnership

402-471-4515

Lincoln Action Program's Housing and Resource Counseling Program assists families with crisis needs such as rental deposit, past-due rent or utilities. To apply contact LAP to complete an application over the phone or set an appointment to complete the application in the office.

HOPWA

402-476-7000

The Housing Opportunities for Persons with AIDS Program provides different types of rental assistance and supportive services for people living with HIV/AIDS. Must be at or below 80% of what is called the median income for their area.

HUD-VASH

402-489-3802

HUD and VA's Supported Housing program provides Section 8 vouchers for eligible homeless veterans.

St. Vincent de Paul--HELP LINE

402-435-7968

Leave a message and a volunteer will return your call. They may be able to assist with either partial or complete payment of a utility bill or rent.

Utilities Information & Assistance

The utility companies should be contacted at the earliest possible time- ideally with the first past due bill. The company will work out a realistic payment plan, and once there is a payment plan in effect, the company most likely will not interrupt service.

Black Hills Energy (gas) 1-800-303-0752

Once the family receives a shut-off notice they must call Aquila at once. Customer Service is available 24 hours a day, 7 days a week to work out a payment plan.

Lincoln Electric System (LES) 402-475-4211

LES will send a disconnect notice when a bill is two months past due, and then the customer will have twelve days before the disconnect occurs. If the customer calls LES as soon as they get the notice and makes reasonable arrangements, the service will not be disconnected.

Lincoln Water System 402-441-7533

They send a 15 day notice that bill is past due. If the bill is not paid they leave a 1 day shut off notice at the door. You can call the number listed above to work out a payment plan to avoid shut off.

Department of Health and Human Services 402-471-7000

If a family is on assistance (AFDC/Food Stamps, etc), contact your caseworker which will help them apply for the Low Income Energy Assistance Program. If the family is not on assistance, they should call 471-7000 and apply for energy assistance. If energy will soon be shut off, or has been disconnected, HHS will advocate with the energy company immediately and let them know a plan for payment is in progress.

Salvation Army 402-474-6263

Utility assistance only. Must apply with Health and Human Services' Energy Assistance Program first. Call us for an appointment. Applicant must bring to their appointment: completed application, photo ID, Social Security numbers and birth dates for each household member, a copy of the utility bill and proof of income. Utility assistance is limited to once a year.

Home Buying and Mortgage Assistance

Community Action Partnership

402-471-4515

Assists low-to moderate income families in securing safe and affordable housing.

Consumer Credit Counseling Service

402-484-7200

Education and counseling for home buying and mortgage delinquency, assistance with avoiding foreclosure. HUD approved counseling service.

Neighbor Works® Lincoln

402-477-7181

2121 N. 27th St.

Homebuyer education classes, mortgage counseling and assistance, foreclosure prevention. Call for more information.

Urban Development, City of Lincoln

402-41-7864

808 P St. Ste. 400

Housing rehab assistance in Lincoln for low and moderate income homeowners and investor owners of units with low and moderate income tenants. First time homebuyer assistance for low and moderate income households. Some programs limited to designated area.

Direct/Deferred Loan Program-for low and moderate-income homeowners who do not qualify for HLP loans and who are located in low/moderate income areas. Direct land deferred loans at 0% interest, minimum monthly payment may be required.

Emergency Repair loan program-emergency repairs (replacement of finances, water heaters, dangerous wiring, etc.) for very low-income homeowners citywide. A 0% deferred payment loan with no payments as long as owner lives on the property.

FIRST HOME Program-for low and moderate income first-time homebuyers citywide who haven't owned a home in three years (some exceptions). Must complete homebuyer training by Neighborhoods Inc. Deferred loan assistance available for gap financing and housing rehab.

Home Improvement Loan Program (HLP)-a 0% interest loan for low and moderate income homeowners wanting to make home improvements to their older homes, citywide.

Home Weatherization and Repair

Community Action Partnership

402-471-4515

Free weatherization for renters or homeowners, homes, apartments or mobile homes. Services include furnace inspection/maintenance, insulation, glass replacement and weather stripping. To be eligible, household income must be below 200% of the federal poverty guidelines and the home cannot have been previously weatherized after Oct. 1, 1994.

Home Handyman Program

402-441-7030

Exists to help older adults live independently in an adequate and safe environment. You must be 60 years of age or older. You must own and live in your home. Handyman does not do remodeling, roofing, concrete work, redecorating or complete exterior painting. Office hours are from 8:00 a.m.-noon and 1:00-4:00 p.m. Monday through Friday.

Rebuilding Together

402-434-6313

Free home repair for low income elderly or handicapped homeowners.

Furniture

People's City Mission Service Center

402-475-6888

2101 N St.

Hours are 9:00-11:30 a.m. and 1:30-4:30 p.m. M-T-Th-F.

Closed Wednesday afternoons.

Requires proof of income and ID for each member of the household. month. Free clothing and furniture; personal care items is limited to once every two months.

Salvation Army

402-477-9276

2625 Potter St.

Vouchers are given only in emergencies: flood, fire, tornado, etc. Low cost furniture, clothing and household goods are available at the thrift stores, 4690 Leighton Ave., 466-5052, and 1126 N. 27th St., 474-5913. Low cost furniture, clothing, household goods.

St. Vincent de Paul

Helpline 402-35-7968

2215 O St.

Outreach Line 402-438-3135

Open Tuesdays and Thursdays from 9:00 a.m.-noon; Thursdays from 5:00-7:00 p.m.; and Saturdays from 9:00-noon. Emergency needs only.

General Assistance

Lancaster County General Assistance Fund **402-441-3095**
2202 S. 11th Suite 150

Services for qualified residents of Lancaster County. Applicants must have been denied services from state Department of Health and Human Services. Assistance may be available for medical and drug costs, rent, burial and bus passes.

Multicultural Human Development Corporation **402-434-2821**

Assists migrant and seasonal farm workers to obtain year round employment in a high growth career. Based on financial need NAF may provide assistance for college tuition, on the job training, job seeking skills, classroom training with the final goal being job placement in a long term career. Emergency assistance may also be provided. Must be a U.S. citizen or legally authorized to work in the United States. Please call to see if you qualify.

Nebraska Department of Health and Human Services
Emergency Cash Assistance Program to Needy Families with Children **402-471-7000**

This program provides a means to deal with financial situations that are threatening the health or well being of an eligible child and family. Payments may be made for rent/mortgage payments, home furnishings, emergency food and non-food items, clothing and other needs. This fund is for the very low income facing an emergency situation.

Social Security

Social Security

Online services: www.socialsecurity.gov

Apply for retirement benefits; apply for disability benefits; change address, phone number if you receive benefits; replace Medicare card; apply for Medicare extra help; apply for direct deposit.

Automated telephone services: 1-800-772-1213

Change of address, phone number; replace Medicare card; direct deposit; proof of your benefit amount.

Clothing

The Barnabas Project

Belmont Plaza, 11th & Cornhusker Hwy
No cost clothing. Open Saturday 9:00 a.m.-3:00 p.m.

Capitol City Christian Church

402-467-4458

Clothing Exchange and Distribution

7800 Holdrege
Free clothing third Saturday of each month 9:00 a.m.-1:00 p.m.

Catholic Social Services

402-474-1600

2201 O St.
Half price clothing available during the first week of the month at the thrift shop.

The Daisy

6433 Havelock Ave.
A thrift shop operated by women for women. Features quality women's clothing priced between \$1-\$5. Women's accessories including shoes, purses, jewelry and home décor items are also available
Open Friday and Saturday 10 a.m.-4 p.m.

Esther's Closet

402-466-6736

Havelock United Methodist Church
4140 N. 60th Street
Gives away men's, women's and children's clothing **FREE** on the third and last Tuesdays of each month from 5:00-6:00 p.m.

Good Neighbor Community Center

402-477-4173

2617 Y Street 68503
Appointments needed, call first. Begin taking calls at 9:00 a.m. May pick up once every two months. First time must complete application, must have SS# for all members of household, and proof of income each time. Everyone must have a client card.

Lincoln Berean Church

402-483-6512

70th & Hwy 2
Clothing Exchange is the second Monday of every month from noon-8:00 p.m. Dates in 2011: 2/14, 3/14, 4/11, 5/9, 6/13, 7/11. 8/8. 9/12. 10/10, 11/14, 12/12.

Clothing

- Once Upon a Child** 402-464-4443
2711 S. 48th
Low cost name brand children's clothing
- Macie's Place** 402-601-1773
2601 N. 47th St.; www.maciesplace.org
Family Resource Center and Thrift Shop. All clothing and shoes \$1 each.
- Matt Talbot Kitchen and Outreach** 402-477-4116
2121 N. 27th St.
- Mommy and Me** 402-486-4158
2711 S. 48th St.
Low cost maternity and children's clothing.
- Northwest Lincoln Church of Christ** 402-475-3313
3110 N. 1st St.
Free clothing, shoes and totes given out on the first Saturday of the month from 9:00 a.m.-noon. Emergency clothing as needed.
- People's City Mission Service Center** 402-475-6888
2101 N Street
Hours are 9:00-11:30 a.m. and 1:30-4:30 p.m. M-T-Th-F.
Closed Wednesday afternoons.
Requires proof of income and ID for each member of the household.
month. Clothing and furniture room is limited to once per day.
- Salvation Army Thrift Store** 402- 474-4747
4690 Leighton Ave.
Vouchers are available on a case-by-case basis. Low cost clothing is available from the stores at 4690 Leighton Ave and 1126 N. 27th St.
- St. Vincent de Paul** Helpline 402-435-7968
2215 O St. Outreach Line 402-438-3135
Open Tuesdays and Thursdays from 9:00 a.m.-noon; Thursdays from 5:00-7:00 p.m.; and Saturdays from 9:00-noon. Emergency needs only.
- YWCA Job Outfitters** 402-434-3494 ext. 135
Free business clothing. Call for appointment.

Diapers

Birthright of Nebraska

402-466-2609

5625 O Street #4

Primarily for newborn babies. Baby necessities including clothes and furniture and assistance with many other needs for new babies.

Diaper Heaven

2126 S. 37th St.

Free diapers available in all sizes. Open Mondays 11:00 a.m.-5:00 p.m.

Good Neighbor Community Center

402-477-4173

2617 Y St.

Salvation Army

402-474-6263

2625 Potter St.

May be able to access diapers, wipes and formula if requested. Eligibility is once every two months. Income and other guidelines apply.

Telephone Assistance

Nebraska Telephone Assistance Program

402-471-3101

If you are participating in one of the following programs: Medicaid, SNAP, Supplemental Security Income (SSI), federal public housing assistance, low-income Home Energy Assistance or Kids Connection you are eligible to apply for the Nebraska Telephone Assistance Program. Lifeline reduces the cost of local telephone service by \$10 to \$13.50 per month. Link-up provides a one time connection fee credit of 50%, up to \$30.00. www.psc.nebraska.gov

Financial Assistance

Consumer Credit Counseling Center

402-484-7200

1001 S. 70th St. Ste. 200

Provides financial counseling and budget planning. No fee for budget service, minimal fee for other services.

Social Security Office

866-593-2880

100 Centennial Mall North Ste. 191 (Federal Building)

Provides assistance in starting the SSI process.

Auto Repair

Charity Auto

402-477-3550

6141 N 14th

Charity Auto will do light repairs for a suggested donation of \$20. Bring in the parts for simple repair work such as oil changes, tune-ups and brake replacement. Call to leave a message, callbacks are Wednesday and Thursday evenings. Repairs are done on Saturdays by appointment only. This is not a needs based service.

Other

Lincoln Literacy Council

402-476-7323

745 S. 9th St.

Volunteer teachers help people to understand, speak, read and write English.

Laundry Vouchers

The Salvation Army, 474-6263, can provide a voucher to a local Laundromat to qualified individuals.

Fans

The Salvation Army, 474-6263, can provide a 20 inch box fan to those who need one. One per household per year. June 1 to August 31.

Smoke Alarms

May be available at no charge at the Fire Station nearest to your home. Contact the Fire Station and they will follow up with you about receiving a free Smoke Detector for the home you are living in.

Career Assistance

Community Action Partnership

402-471-4515

210 O St.

CAP's Center for Refugees and Immigrants offers job search assistance, career counseling, completing employment applications, resume development and review, interview practice, career advancement training, translation and interpretation services, vocational ESL training and community referrals. www.lincoln-action.org.

Community Justice Center

402-429-1050

1010 N St.

Offering employment classes to help ex-felons transition back into the community.

NAF-Multicultural Human Development Corporation

402-434-2821

941 O St. Ste. 1010

Provides classes to learn English as a Second Language, GED certification financial assistance for college tuition, on the job training, job seeking skills and job placement. This is mostly for farm worker and Spanish speaking individuals.

One Step Employment Solutions

402-441-7111

1010 N St.

Offers job training, financial assistance, low adult income and dislocated employment. Applicants must live in Lancaster or Saunders county area.

Vocational Rehabilitation

402-471-3231

Having problems preparing for, getting or keeping a job because of a disability? Vocational Rehabilitation might be able to help with career assessment and counseling, job training, job placement assistance and job site modifications and devices.

YWCA

402-434-3494

1432 N St.

Job Outfitters is a community resource for low-income women who are actively seeking employment and working. Women can get work-appropriate clothing free of charge. Clients receive help selecting clothing and tips on interview etiquette. Twice a year there is a clothing giveaway and community resource event featuring information from other non-profits, furthering education, interview skills, etc.

Education Assistance

One Stop Cooperative Computer Lab

402-441-4924

1050 N St. (Workforce Development)

Offers free classes and other services for job seekers.

Reentry Aftercare

Christian based community group providing hands on assistance in the successful transition of individuals from prison back into society. Contact Lauri at Lauri.aftercare@gmail.com

Southeast Community College

402-471-3333

Offers GED and college classes

Youthbuild (Community Action Partnership)

402-471-4515

Provides low-income high school dropouts an opportunity to rebuild their lives and their community with education, job skills and leadership development. Applicant must be between 17 and 24 years old, unemployed and out of school, Lancaster County resident, and serious and committed. This is a 40-week, full-time construction and education program. Participants will receive a weekly stipend and are eligible for funds to pursue higher education.

YWCA

402-434-3494

1432 N St.

Provides parenting education and counseling classes.

Legal Information

ACLU-American Civil Liberties Union **402-476-8091**

Private, non-profit organization that seeks to preserve constitutional rights and civil liberties. The ACLU generally becomes involved in cases where the government is involved, rather than private individuals or companies. The ACLU does not ordinarily handle criminal cases, divorce/custody cases or discrimination cases involving private individuals or companies.

Ageing Service's Elderlaw Program **402-441-7070**

Legal information and referral services to persons 60+.

Child Support Enforcement **402-441-8715**

Information regarding establishing child support orders or paternity, locating parents, enforcing or modifying orders.

The Civil Clinical Law Program **402-472-3271**

Senior law students at the University of Nebraska College of Law provide free legal services in certain types of civil legal cases to low-income persons. Clinic students work under close faculty supervision.

Equity in Nebraska/United Methodist Ministries **402-471-1777**

Provides assistance with filing request and appeals with the UL Immigration Service including protected status for victims of domestic violence, asylum, family reunification, updating status, or appealing rulings. Low-income clients receive services at minimal cost. Call for appointment.

Legal Aid of Nebraska **ACCESS LINE 877-250-2016**
Office: 402-435-2161

Non-profit firm which provides free quality civil legal aid to low-income individuals. Legal Aid does not handle criminal cases.

Lincoln Commission on Human Rights **402-441-7624**

Receive and investigates complaints of discrimination due to race, color, sex, national origin, disabilities, religion, age, family status, marital status in housing, employment and public accommodations.

The Mediation Center **402-441-5740**

Professional and impartial mediation services to assist in dispute resolution related to all areas of family, employment, consumer and community issues on a sliding fee scale.

Legal Information

Nebraska State Bar Association Volunteer Lawyers Project

402-475-7091

Will help low-income with family law cases if they meet criteria.
FREE brochures on basic rights are available.

Nebraska Appleseed Center for Law

402-438-8853

Provides information on the rights of welfare recipients.

Victim-Witness Unit—LPD

402-441-7181

Information, assistance and crisis intervention to victims of crime.

Voices of Hope

402-476-2110

Will assist with protection orders, legal advocacy and lawyer referrals for victims of domestic violence, sexual assault and incest.

Prisoner Re-entry

Bridges to Hope

402-420-5696

Free clothing and household goods for former offenders for up to 18 months after release. Community information and referral focused on re-entry after incarceration.

House for New Life

402-466-6080

4504 Holdrege St.

A therapeutic Christian based transitional living facility for ex-offenders, focusing on sex offenders.

Released and Restored

402-806-0565

Assists ex-offenders in their efforts to leave a life of crime behind.
Offers life skills classes, support groups, mentor programs, and employment resources.

Senior Resources

Aging Partners

402-441-7158

1005 O St.

Senior Centers

Asian Senior Center

2615 O St.

402-326-0371

Thursdays 9:00 a.m.-1:00 p.m.

Maxey Senior Center

2032 U St.

402-441-7849

Wed. & Fri. 9:00 a.m.-1:00 p.m.

Downtown Senior Center

1005 O St.

402-441-7154

Monday-Friday 9:00 a.m.-4:00 p.m.

Saturday 9:00 a.m.-1:00 p.m.

Belmont Senior Center

1234 Judson St.

402-441-7990

Mon., Tues., Thurs. 9 a.m.-1 p.m.

Lake Street Senior Center

2400 S. 11th St.

402-441-7157

Monday-Friday 9:00 a.m.-1:00 p.m.

Northeast Senior Center

6310 Platte Ave.

402-441-7151

Monday-Friday 8:00 a.m.-3:00 p.m.

Senior Centers are community meeting places for activities and information about healthy, active aging. They provide safe, affordable curb-to-curb transportation to the center nearest you for daily programming, meals, or for shopping assistance, community programs and events.

Transportation

402-441-7863

Transportation is offered to the senior center in your area for \$1 per boarding. If transportation is provided outside your area, a \$5 charge will be made for each boarding. Let your senior center manager know by Friday of the proceeding week which days you will need transportation.

Food Program

Nutritious lunches are served at the Senior Centers. Call the senior center of your choice and make a lunch reservation two days in advance. Suggested contribution is \$3 for seniors 60 and older, or \$6 for guests under 60. Special event and holiday meals may be slightly higher. To-go options are available: a shelf stable Handy Meal or the sack lunch for the same contribution as the hot meals.

Senior Resources

Health and Fitness

402-441-7575

233 S. 10th St. Suite 101

Weekdays 8:00 a.m.-4:00 p.m.

\$10 monthly suggested donation for ages 60 and older, \$15 monthly suggested donation for 60 and under. Certified personal trainers are available on Tuesdays and Thursdays 9:30-11:00 a.m. and 12:30-2:00 p.m. or by appointment. Free and low-cost classes on health issues are held on a regular basis. Call for more information.

Operation Able

402-441-7064

1010 N St.

Provides employment assistance for those over 50 years old.

Emergency Information for Pets

Coalition for Pet Protection

402-434-7922

May be able to help with emergency assistance for pets.

PALS

402-467-9121

Spay/neuter financial assistance, advice and education about pet ownership.

Capital Humane Society

402-441-4488

Lincoln Animal Ambassadors

402-817-1168

Pet Food Bank-pet food available one time per month. You may apply for more than one pet at that time. Must complete a required application and agreement, and present a driver's license or ID when accepting pet food. Call or go to www.lincolnanimalambassadors.org for more information.

Community Centers and Emergency Services

- Catholic Social Services** **402-474-1600**
2041 O St.
Offering services for the homeless, food pantry, clothing at thrift store.
- Community Action Partnership** **502-471-4515**
210 O St.
Provides services for families enrolled in Head Start and daycare programs.
- Community Justice Center** **402-429-1050**
1010 N St.
Offering employment classes to help ex-felons transition back into the community. Also conducts victim/impact classes.
- Department of Health and Human Services** **402-471-7000**
1050 N St. Rm. 250
Provides food stamps, ADC, energy assistance, rent assistance, protective services, and burial.
- Family Service Counseling** **402-441-7949**
510 S. 7th St.
Provides food supplement program and childcare food supplement program, WIC services, before and after school program. Offers counseling services for children within Lincoln Public Schools.
- The Gathering Place** **402-476-7398**
1446 E St.
Offers a free meal Monday through Friday from 5:00-6:00 p.m.
- Good Neighbor Center** **402-477-4173**
Provides emergency food and clothing.
- El Centro de las Americas** **402-474-3950**
2615 O St.
Provides food pantry, English and Spanish classes, interpreters and citizenship classes. For AA meetings call 402-475-2694.

Community Centers and Emergency Services

Indian Center

402-438-5231

1100 Military Rd.

Provides youth and family service programs for Native Americans who need mentors, who have problems with juvenile delinquency, etc. Workforce Investment Act programs for Natives in need of job placement, counseling, training or GED. Family First Program for Families with emotionally disturbed children of all ethnic groups. Food commodities, housing, health care and family support referrals to persons of all ethnic groups.

NAF-Multicultural Human Development Corporation 402-434-2821

941 O St. Ste. 1010

Provides classes to learn English as a Second Language, GED certification, financial assistance for college tuition, on the job training, job seeking skills and job placement. This is mostly for farm workers and Spanish speaking individuals.

Northeast Family Center

402-471-3700

6220 Logan St.

Provides the following services for residents of the Northeast area of Lincoln: Parenting groups for men and women, playgroups, parenting network; summer day camp and after school program for school age children; tutor mentor programs, 4-H, dance studio, piano lessons for school age children; library for parents and children, sponsor of teen night with homework assistance, SHARE food program, and the Lincoln Urban League, which provides employment and health services for minorities.

Veterans Hospital Mental Health Center

402-489-3802

600 S. 70th St.

Evaluations, outpatient and after care substance abuse programs for veterans, medical detox, men's anger group, also assistance for post-traumatic stress.

YWCA (Parent Center)

402-434-3494

1432 N St.

Provides parenting education and counseling, GED also available. Child care room provided.

Emergency Numbers

Adult Abuse—NE Health and Human Services	800-652-1999
TDD	402-471-9570
Animal Abuse –Break the Link	402-441-0212
Animal Control	402-441-8626
CenterPointe	402-475-8717
Child Abuse and Adult/Elder Abuse Reporting Hotline	800-652-1999
Community Health Center (Formerly Drug/Alcohol Crisis Line)	402-441-7940
Fire/Medical Emergency	911
HIV/AIDS NE Hotline	800-782-2437
Poison Center Children’s Hospital	800-222-1222
Police-Emergency	911
Police-Non-Emergency	402-441-7204
TDD/TTY	402-441-7802
Voices of Hope Crisis Center	402-475-7273
Suicide/Mental Health Lancaster Co. Mental Health	402-441-7940
Youth/Family Crisis Cedars Youth Services V/TDD	437-8888

CFPIN Resources



Don't know where to go for free and low-cost resources?

Call CFPIN's Information and Referral Program at

402-476-4357

Resource Handbooks available:

- Yellow Book-Medical Services-Free or low cost
- Gold Book-Food-Free or low cost
- Orange Book-Services for the near homeless and homeless
- Green Book-Rides for \$7.50
- Purple Book-Healthy Living
- Pink Book-Miscellaneous Services-Free or low cost
- Blue Book-Children's Services-Free or low cost

Computer Lab

The Center for People in Need's computer lab is open to the public on Tuesdays from 4 p.m.-8 p.m. and Saturdays from 9 a.m.-2 p.m.

By using the computer lab, you can use the internet, fill out Health and Human Services applications, and work on job skills such as typing practice, Microsoft Office programs, English as a Second Language learning and GED preparation courses through Class.com.



The mission of the Center for People in Need is to enhance opportunities for families and youth as they address socio-economic barriers limiting their paths to success.

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This handbook was prepared by the Center for People in Need for the Neighborhood FOOD program. Please call the number above to add, update or remove information.

The Center for People in Need is a 501 (c)(3) organization and all contributions are tax deductible.

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