

Center for People in Need
RESOURCE HANDBOOK
For Free or Low Cost
Miscellaneous Services

Updated July 2010



Center for People in Need

3901 North 27th Street Unit 1- Lincoln, NE 68521
www.centerforpeopleinneed.org
476-4357



Need help? Don't know where to start?
To find help with housing, health care, food pantries, childcare, drug or alcohol abuse counseling, mental health issues, aging concerns, and many other human services. Dial 2-1-1 or go to www.ne211.org.
Dial 2-1-1. Trained personnel will answer your call
(all languages)

Neighborhood FOOD Program



Center For People In Need Neighborhood FOOD Program

3901 North 27th St., Unit 1
Lincoln, NE 68521

476-4357

Center for People in Need Neighborhood FOOD distributes food and commodities at the following sites on a weekly basis through collaboration with the Food Bank of Lincoln.

**THE FOURTH WEEK OF EVERY MONTH IS
USDA COMMODITIES ONLY AT ALL LOCATIONS.**

Tuesday

1:00-2:00 p.m. **F Street Community Center**, 1225 F St.

5:00-6:00 p.m. **Center For People in Need**, 3901 N. 27th St., Unit 1

Thursday

1:00-2:00 p.m. **Malone Community Center**, 2032 U St.

3:00-4:00 p.m. **Oak Lake Evangelical Free Church** 3300 N 1st St.

You may only receive USDA Commodities once a month. Neighborhood FOOD may be received once a week.

For more information please call: (402) 476-4357

****Being first in line does not mean you will receive better food. Foods with limited supply will be spread out throughout the hour.**



Income Guidelines

Size of Household	Current monthly income
1	\$1949
2	\$2100
3	\$2640
4	\$3180
5	\$3720
6	\$4260

Emergency Numbers

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Adult Abuse —NE Health and Human Services	800-652-1999
TDD	471-9570
Animal Abuse –Break the Link	441-0212
Animal Control	441-8626
CenterPointe	475-8717
Child Abuse and Adult/Elder Abuse Reporting Hotline	800-652-1999
Community Health Center (Formerly Drug/Alcohol Crisis Line)	441-7940
Fire/Medical Emergency	911
HIV/AIDS NE Hotline	800-782-2437
Poison Center Children’s Hospital	800-222-1222
Police-Emergency	911
Police-Non-Emergency	441-7204
TDD/TTY	441-7802
Voices of Hope Crisis Center	475-7273
Suicide/Mental Health Lancaster Co. Mental Health	441-7940
Youth/Family Crisis Cedars Youth Services V/TDD	437-8888

Transportation

Bus Pass Purchase Locations

CALL TO MAKE SURE PASSES ARE AVAILABLE TO BUY
AT THE FOLLOWING LOCATIONS, DAYS AND TIMES:

Big Brother/Sisters, 6201 Havelock Ave, **464-2227**, M-Th 8:30 a.m.-5:00 p.m., F 8:30 a.m.-noon

C. Yoakum Family Resource Ctr, 4621 NW 48th St, **434-2621**, M-F 8:00 a.m.-noon & 1:00-5:00 p.m.-School Year; Summer M-F 8:30 a.m.-4:30 p.m.

Center For People In Need 3901 N. 27th St., **476-4357**, M-F 8:00 a.m.-5:00 p.m.

Community Action Partnership, 210 O St, **471-4515**, M-T-W-TH 2:00-5:00 p.m.

Community Mental Health Center, 2201 S. 17th St., **441-6600**, M-F 8:30 a.m.-4:30 p.m.

F Street Community Center, 1225 F St., 441-7951, M-F 8 a.m.-8:45 p.m., Sat. 9:00 a.m.-4:45 p.m., Sun. 1:00-5:45 p.m.

Good Neighbor Center, 2617 Y St., **477-4173**, M-TH 10:00 a.m.-4:00 p.m., F 10:00 a.m.-2:00 p.m.

El Centro de las Americas, 2032 U St., **474-3950**, M-F 9:00 a.m.-5:00 p.m.

HUB, 835 S. 12th St, **471-8515**, Wed 1:00-3:00 p.m.

Indian Center, 1100 Military Rd, **438-5231**, M-F 9:00 a.m.-5:00 p.m.

Kaplan University, 1821 K St., 8:00 a.m.-4:00 p.m.

Lighthouse, 2601 N St., **475-3220**, M-F 2:00-10:00 p.m.

Lincoln Medical Educational Partnership, 4600 Valley Rd., **483-4581**, M-W-TH 8:00 a.m.-noon, 1:00-4:30 p.m.

Northeast YMCA, 2601 N. 70th St., **434-9268**, M-F 8:00 a.m.-5:00 p.m.

People's City Mission, 110 Q St, **475-1303**, M-F 9:00 a.m.-4:30 p.m.

People's City Mission Distribution Center 2101 N St., **475-6898**, M,T, TH, F 9:00-11:30 a.m. & 1:30-4:30 p.m., W 9:00-11:30 a.m.

Southeast Community College, 8800 O St., **437-2564**, M-F 8:00 a.m.-5:00 p.m.

StarTran, 710 J St., **476-1234**, M-F 8:00 a.m.-4:30 p.m.

Emergency Housing

Friendship Home

437-9302

Emergency shelter for battered women and their children.

People's City Mission

475-1303

Overnight shelter, three meals a day. Men's shelter serves single men. Family and Women's Shelter serves single women or men with children. Showers and laundry facilities also available.

Non - Emergency Housing

Aging Partners

441-7070

Listings of subsidized and retirement housing.

People's City Mission

475-1303

Curtis Center Transitional Housing

Transitional housing for homeless men.

City of Lincoln Housing Authority

434-5500

How to apply for housing:

Apply at office at 5700 R Street. No appointment necessary.

You will be required to have birth certificates for all household members born in the United States or I-94 or Permanent Resident cards for household members who are not US citizens, Naturalization documents, Social Security cards for all members of the household, income and asset information, residency information for the last five years, including names addresses and telephone numbers of all landlords, and if disabled must have Social Security disability award letter.

Assistive Technology Partnership

www.housing.ne.gov

A free online service to list and find rental housing and housing services in Nebraska. Can also be accessed by phone by calling toll free **1-877-428-8844**. When you call you will give them the location you are looking for housing in and how much you can afford to spend and they will try to match you up with housing you can afford.

Fresh Start

475-7777

Drug and alcohol free transitional living for women 19 and older without custody of their children. Call for more information.

Clothing

People's City Mission Service Center **475-6888**

2101 N Street

Hours are 9 am-11:30 am and 1:30-4:30 pm M-T-Th-F.

Closed Wednesday afternoons.

Requires proof of income and ID for each member of the household.
month. Clothing and furniture room is limited to once per day.

Catholic Social Services **474-1600**

2241 O St.

Will provide vouchers for their thrift shop on a case-by-case basis. Call one day in advance. You must have Social Security numbers and dates of birth for all family members and complete an application.

Esther's Closet **466-6736**

Havelock United Methodist Church

4140 N. 60th Street

Gives away men's, women's and children's clothing **FREE** on the 3rd and last Tuesdays of each month from 5:00-6:00 pm..

Good Neighbor Community Center **477-4173**

2617 Y Street 68503

Appointments needed, call first. Begin taking calls at 9:00 am. May pick up once every 2 months. First time must complete application, must have SS# for all members of household, and proof of income each time. Everyone must have a client card.

Lincoln Berean Church **483-6512**

70th & Hwy 2

Free Clothing First Wednesday of every month 12-8:00 pm

Capitol City Christian Church **467-4458**

Clothing Exchange and Distribution

7800 Holdrege

Free Clothing 3rd Saturday of each month 9:00am - 1:00pm

Mommy and Me **486-4158**

2711 S. 48th St.

Low cost maternity and children's clothing

Clothing

YWCA Job Outfitters

434-3494 ext. 135

Free business clothing. Call for appointment.

St. Vincent de Paul Thrift Store

438-7761

1911 R Street

Very low cost clothing at Thrift Store. Open Saturdays 10 a.m.-4 p.m.

The Daisy

6433 Havelock Ave.

A thrift shop operated by women for women. Features quality women's clothing priced between \$1-\$5. Women's accessories including shoes, purses, jewelry and home décor items are also available

Open Friday and Saturday 10 a.m.-4 p.m.

Once Upon a Child

464-4443

2711 S. 48th

Low cost name brand children's clothing

Salvation Army Thrift Store

474-4747

4690 Leighton Ave.

Vouchers are available on a case-by-case basis. Low cost clothing is available from the stores at 4690 Leighton Ave and 1126 N. 27th St..

The Barnabas Project

Belmont Plaza, 11th & Cornhusker Hwy

No cost clothing. Open Saturday 9:00 am-3:00 pm

People's City Mission Service Center

475-6888

2101 N Street

Matt Talbot Kitchen and Outreach

477-4116

Diapers

1911 R St.

Salvation Army

474-6263

2625 Potter

May be able to access diapers and wipes if requested. Eligibility is once every two months. Income and other guidelines apply.

Good Neighbor Community Center

477-4173

2617 Y Street

Birthright of Nebraska

466-2609

5625 O Street #4.

Primarily for newborn babies. Baby necessities including clothes and furniture and assistance with many other needs for new babies.

Furniture

People's City Mission Service Center **475-6888**

2101 N Street

Hours are 9 am-11:30 pm and 1:30-4:30 M-T-Th-F.

Closed Wednesday afternoons.

Requires proof of income and ID for each member of the household. month. Free clothing and furniture room is limited to once per day.

St. Vincent de Paul **Helpline 438-7761**

1911 R St.

Low cost furniture or clothing. Thrift Store open on Saturdays 10-4

Salvation Army **477-9276**

2625 Potter

Vouchers are given only in emergencies: flood, fire, tornado, etc. Low cost furniture, clothing and household goods are available at the thrift stores, 4690 Leighton Ave., 466-5052, and 1126 N. 27th St., 474-5913.

Low cost furniture, clothing, household goods.

General Assistance

**Nebraska Department of Health and Human Services
Emergency Cash Assistance Program to Needy Families with
Children** **471-7000**

This program provides a means to deal with financial situations that are threatening the health or well being of an eligible child and family.

Payments may be made for rent/mortgage payments, home furnishings, emergency food and non-food items, clothing and other needs. This fund is for the very low income facing an emergency situation.

Lancaster County General Assistance Fund **441-3095**

2202 S. 11th Suite 150

Services for qualified residents of Lancaster County. Applicants must have been denied services from state Department of Health and Human Services. Assistance may be available for medical and drug costs, rent, burial and bus passes.

Multicultural Human Development Corporation (NAF) 434-2821

Assists migrant and seasonal farm workers to obtain year round employment in a high growth career. Based on financial need NAF may provide assistance for college tuition, on the job training, job seeking skills, classroom training with the final goal being job placement in a long term career . Emergency assistance may also be provided. Must be a U.S. citizen or legally authorized to work in the United States. Please call to see if you qualify.

Utilities Information & Assistance

The utility companies should be contacted at the earliest possible time- ideally with the first past due bill. The company will work out a realistic payment plan, and once there is a payment plan in effect, the company most likely will not interrupt service.

Black Hills Energy (gas) 1-800-303-0752

Once the family receives a shut-off notice they must call Aquila at once. Customer Service is available 24 hours a day, 7 days a week to work out a payment plan.

Lincoln Electric System (LES) 475-4211

LES will send a disconnect notice when a bill is two months past due, and then the customer will have twelve days before the disconnect occurs. If the customer calls LES as soon as they get the notice and makes reasonable arrangements, the service will not be disconnected.

Lincoln Water System 441-7533

They send a 15 day notice that bill is past due. If the bill is not paid they leave a 1 day shut off notice at the door. You can call the number listed above to work out a payment plan to avoid shut off.

Department of Health and Human Services 471-7000

If a family is on assistance (AFDC/Food Stamps, etc), they should contact their caseworker. The caseworker will help them apply for the Low Income Energy Assistance Program. If the family is not on assistance, they should call 471-7000 and apply for energy assistance. If energy will soon be shut off, or has been disconnected, HHS will advocate with the energy company immediately and let them know a plan for payment is in progress.

Rent and Utilities Assistance

Community Action Partnership

471-4515

Lincoln Action Program's Housing and Resource Counseling Program assists families with crisis needs such as rental deposit, past-due rent or utilities. To apply contact LAP to complete an application over the phone or set an appointment to complete the application in the office.

Catholic Social Services

474-1600

Emergency Services Program will provide help with utility bills and rent. It is recommended to contact them early in the week and as soon as possible before the shut off or eviction notice is received because their process takes time. They will call the utility company for the family. They may only help families with children.

Salvation Army

477-9276

Must sign up with Health and Human Services' Energy Assistance Program first. Then call us for an application and/or an appointment. Applicant must bring to their appointment: application, photo ID, birth certificates and/or Social Security numbers for each household member, proof of income and written reference/denial from HHS caseworker. Rent assistance is a specific grant for those ONLY in a lay-off situation. Must have a letter proving the situation.

St. Vincent de Paul--HELP LINE

438-7761

Leave a message and a volunteer will return your call. They may be able to assist with either partial or complete payment of a utility bill or rent.

Churches

Families that are connected to, or are members of a church, should ask their church for assistance. Many churches have funds available to their members. Some of the larger churches will assist families that are not currently members of the congregation

Home -Buying and Mortgage Assistance

Neighbor₁Works® Lincoln

477-7181

2121 N. 27th St.

Homebuyer education classes, mortgage counseling and assistance, foreclosure prevention. Call for more information.

Community Action Partnership

471-4515

Assists low-to moderate income families in securing safe and affordable housing.

Consumer Credit Counseling Service

484-7200

Education and counseling for home buying and mortgage delinquency, assistance with avoiding foreclosure. HUD approved counseling service.

Home Weatherization and Repair

Community Action Partnership

471-4515

Free weatherization for renters or homeowners, homes, apartments or mobile homes.

Rebuilding Together

434-6313

Free home repair for low income elderly or handicapped homeowners.

Home Handyman Program

441-7030

Exists to help older adults live independently in an adequate and safe environment. You must be 60 years of age or older. You must own and live in your home. Handyman does not do remodeling, roofing, concrete work, redecorating or complete exterior painting. Office hours are from

8:00 a.m.-noon and 1:00-4:00 p.m. Monday through Friday.

Legal Information

Legal Aid of Nebraska **ACCESS LINE** **877-250-2016**
Office: 435-2161

Non-profit firm which provides free quality civil legal aid to low-income individuals. Legal Aid does not handle criminal cases.

ACLU-American Civil Liberties Union **476-8091**

Private, non-profit organization that seeks to preserve constitutional rights and civil liberties. The ACLU generally becomes involved in cases where the government is involved, rather than private individuals or companies. The ACLU does not ordinarily handle criminal cases, divorce/custody cases or discrimination cases involving private individuals or companies.

Nebraska State Bar Association Volunteer Lawyers Project
475-7091

Will help low-income with family law cases if they meet criteria.
FREE brochures on basic rights are available.

Aging Service's Elderlaw Program **441-7070**

Legal information and referral services to persons 60+.

Lincoln Commission on Human Rights **441-7624**

Receive and investigates complaints of discrimination due to race, color, sex, national origin, disabilities, religion, age, family status, marital status in housing, employment and public accommodations.

Nebraska Appleseed Center for Law **438-8853**

Provides information on the rights of welfare recipients.

Voices of Hope **476-2110**

Will assist with protection orders, legal advocacy and lawyer referrals for victims of domestic violence, sexual assault and incest.

Victim-Witness Unit—LPD **441-7181**

Information, assistance and crisis intervention to victims of crime.

Legal Information

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Child Support Enforcement

441-8715

Information regarding establishing child support orders or paternity, locating parents, enforcing or modifying orders.

Equity in Nebraska/United Methodist Ministries

471-1777

Provides assistance with filing request and appeals with the UL Immigration Service including protected status for victims of domestic violence, asylum, family reunification, updating status, or appealing rulings. Low-income clients receive services at minimal cost. Call for appointment.

The Mediation Center

441-5740

Professional and impartial mediation services to assist in dispute resolution related to all areas of family, employment, consumer and community issues on a sliding fee scale.

The Civil Clinical Law Program

472-3271

Senior law students at the University of Nebraska College of Law provide free legal services in certain types of civil legal cases to low-income persons. Clinic students work under close faculty supervision.

Prisoner Re-entry

Released and Restored

806-0565

Assists ex-offenders in their efforts to leave a life of crime behind. Offers life skills classes, support groups, mentor programs, and employment resources.

Our Savior Lutheran Church

483-4126

Contact Jim Brewer, Director of Outreach Ministries

OTHER

Laundry Vouchers

The Salvation Army, 474-6263, can provide a voucher to a local Laundromat to qualified individuals.

Fans

The Salvation Army, 474-6263, can provide a 20 inch box fan to those who need one. One per household per year. June 1 to August 31.

Smoke Alarms

May be available at no charge at the Fire Station nearest to your home. Contact the Fire Station and they will follow up with you about receiving a free Smoke Detector for the home you are living in.

Emergency Information for Pets

Coalition for Pet Protection 434-7922

May be able to help with emergency assistance for pets.

PALS 467-9121

Spay/neuter financial assistance, advice and education about pet ownership.

Capital Humane Society 441-4488

Auto Repair

Charity Auto 477-3550

6141 N 14th

Charity Auto will do light repairs for a suggested donation of \$20. Bring in the parts for simple repair work such as oil changes, tune-ups and brake replacement. Call to leave a message, callbacks are Wednesday and Thursday evenings. Repairs are done on Saturdays by appointment only. This is not a needs based service.

CFPIN Resources

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Resource Handbooks available:

- Yellow Book-Medical Services-Free or low cost
- Gold Book-Food-Free or low cost
- Orange Book-Services for the near homeless and homeless
- Green Book-Rides for \$7.50
- Purple Book-Healthy Living
- Pink Book-Miscellaneous Services-Free or low cost
- Blue Book-Children's Services-Free or low cost

Also available in Russian, Spanish and Arabic.

Computer Lab

The Center for People in Need's computer lab is open to the public on Tuesdays from 4 p.m.-8 p.m. and Saturdays from 9 a.m.-2 p.m.

By using the computer lab, you can use the internet, fill out Health and Human Services applications, and work on job skills such as typing practice, Microsoft Office programs, English as a Second Language learning and GED preparation courses through Class.com.



The mission of the Center for People in Need is to enhance opportunities for families and youth as they address socio-economic barriers limiting their paths to success.

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402-476-4357
Fax: 402-476-4358*

*Beatty Brasch
Executive Director*

*Deb Daily
Director of Operations*

This handbook was prepared by the Center for People in Need for the Neighborhood FOOD program. Please call the number above to add, update or remove information.

The Center for People in Need is a 501 (c)(3) organization and all contributions are tax deductible.

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