

# Center for People in Need **RESOURCE HANDBOOK** For Free or Low Cost Food

Updated January 2009



## Center for People in Need

3901 North 27th Street Unit 1- Lincoln, NE 68521  
www.centerforpeopleinneed.org  
476-4357



United Way of Lincoln  
and Lancaster County

### **Need help? Don't know where to start?**

To find help with housing, health care, food pantries, childcare, drug or alcohol abuse counseling, mental health issues, aging concerns, and many other human services. Dial 2-1-1 or go to [www.ne211.org](http://www.ne211.org).  
Dial 2-1-1. Trained personnel will answer your call  
(all languages)



The mission of the Center for People in Need is to enhance opportunities for families and youth as they address socio-economic barriers limiting their paths to success.

3901 North 27th Street Unit 1

Lincoln, NE 68521

402-476-HELP (4357)

Fax: 402-476-4358

Website

[www.Centerforpeopleinneed.org](http://www.Centerforpeopleinneed.org)

Beatty Brasch

Executive Director

Deb Daily

Director of Operations

The Center for People in Need is a 501 (c) 3 organization and all contributions are tax deductible.

# Local Food Programs –Weekly



## Center For People In Need Neighborhood FOOD Program

3901 North 27th Street Unit 1  
Lincoln, NE 68521

**476-4357**



Center for People in Need Neighborhood FOOD provides food and commodities at the following sites on a weekly basis through collaboration with the Food Bank of Lincoln.

**THE WEEK OF THE FOURTH TUESDAY OF EVERY MONTH IS  
USDA COMMODITIES AT ALL LOCATIONS.**

### **Tuesday**

1:00-2:00 pm **F Street Community Center** 1225 F Street

3:00-4:00 pm **Matt Talbot Kitchen & Outreach** 1911 R Street

5:00-6:00 pm **Center For People in Need** 3901 N. 27th Street

### **Thursday**

1:00-2:00 pm **Malone Community Center** 2032 U Street

3:00-4:00 pm **Oak Lake Evangelical Free Church** 3300 N 1st Street

**You may only receive USDA Commodities  
once a month. Neighborhood FOOD may be  
received once a week.**

**For more information please call: (402) 476-4357**

**\*\*Being first in line does not mean you will receive  
better food. Foods with limited supply will be  
spread out throughout the hour.**

#### Income Guidelines

<b>Size of Household</b>	<b>Current monthly income</b>
1	\$1560
2	\$2100
3	\$2640
4	\$3180
5	\$3720
6	\$4260

# SAMPLE CALENDER

Sun	Mon	Tuesday	Wed	Thursday	Fri	Sat
		1	2	3	4	5
		<b>1:00 p.m. to 2:00 p.m.</b> F Street Comm. Center 1225 F St. <b>3:00 p.m. to 4:00 p.m.</b> Matt Talbot Kitchen & Outreach 1911 R St. <b>5:00-6:00 p.m.</b> Center For People In Need 3901 N. 27th St.		<b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N. 1st		
6	7	8	9	10	11	12
		<b>1:00 p.m. to 2:00 p.m.</b> F Street Comm. Center 1225 F St. <b>3:00 p.m. to 4:00 p.m.</b> Matt Talbot Kitchen & Outreach 1911 R St. <b>5:00-6:00 p.m.</b> Center For People In Need 3901 N. 27th St.		<b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N. 1st		
13	14	15	16	17	18	19
		<b>1:00 p.m. to 2:00 p.m.</b> F Street Community Center 1225 F St. <b>3:00 p.m. to 4:00 p.m.</b> Matt Talbot Kitchen & Outreach 1911 R St. <b>5:00-6:00 p.m.</b> Center For People In <b>Need 3901 N. 27th St.</b>		<b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N 1st		
20	21	22	23	24	25	26
		<u><b>USDA All Locations</b></u> <b>1:00 p.m. to 2:00 p.m.</b> F Street Community Center 1225 F St. <b>3:00 p.m. to 4:00 p.m.</b> Matt Talbot Kitchen & Outreach 1911 R St. <b>5:00-6:00 p.m.</b> Center For People In <b>Need 3901 N. 27th St.</b>		<u><b>USDA All Locations</b></u> <b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N 1st		
27	28	29	30			

# SAMPLE CALENDER

un	M o n	Tuesday	Wed	Thursday	Fri	Sat
				1	2	3
				<b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N. 1st		
4	5	6	7	8	9	10
		<b>1:00 p.m. to 2:00 p.m.</b> F Street Comm. Center 1225 F St. <b>3:00 p.m. to 4:00 p.m.</b> Matt Talbot Kitchen & Outreach 1911 R St. <b>5:00-6:00 p.m.</b> Center For People In Need 3901 N. 27th St.		<b>1:00 p.m. to 2:00 p.m.</b> Malone Community Center 2032 U Street <b>3:00 p.m. to 4:00 p.m.</b> Oak Lake Evangelical Free Church 3300 N. 1st		
11	12	13	14	15	16	17
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25	26	27	28	29	30	31
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# Local Food Programs –Weekly

## **Family Resource Center**

4621 NW 48th St. 68524

**434-2621**

**Friends With Food 5:00-6:00 pm** No application but you do sign in. First 3 **Mondays** of each month. **4th Monday** is USDA Commodities. No distribution on 5th Mondays.

## **Good Neighbor Community Center**

2617 Y Street 68503

**477-4173**

Perishables are available Mon. & Wed. 10:00 am-12:00 noon.

## **Indian Center**

1100 Military Road 68508

**438-5231**

Perishables available on Tuesday at 1:00 pm, and Thursday 10:00 am

## **Northeast Family Center**

6220 Logan 68507

**471-3700**

Wednesdays 4:00-6:00 pm

Perishables and non-perishables.

USDA Commodities are the **4th Wednesday** of each month.

## **People's City Mission Distribution Center**

2101 N Street

**475-6888**

Open Mon-Fri 9:00-11:30 and 1:30-4:30. Closed Wed afternoons.

**Chicken and bread** available every day.

**Canned goods and produce** on Tues, Thurs, and Fri afternoons.

You may pick up food once per week

## **Salvation Army**

**474-6263**

2625 Potter Street 68503

Bread and produce available on a walk-in basis on Fridays 9:30-11:30am.

# Local Food Programs—Daily Meals

## **The Gathering Place**

**476-7398**

1448 E Street 68508

Free meal, bread, coffee, etc. No ID needed.

**Free Meals served Monday-Friday 5:00-6:00 pm**

## **Matt Talbot Kitchen and Outreach**

**477-4116**

1911 R Street 68503

Free Meals served 7 days a week at 11:30 am-12:30 pm and 5:30-6:30 pm.

No ID required Other services available.

## **People's City Mission**

**475-1303**

110 Q Street 68521

**Emergency Shelter** provides overnight shelter, three free meals daily, shower and laundry facilities, case management and referrals.

Meal times for **MEN** are:

Breakfast 6:00 Lunch 11:00 Dinner 5:45

Meal times for **FAMILIES** are:

Breakfast 6:45 Lunch 11:00 Dinner 6:45

## **ActiveAge Centers –Lincoln Area Agency on Aging 441-7158 (Senior Centers)**

Main Office 1001 O Street Ste. 101 68508

**Noon meals** offered at all ActiveAge Centers (9 in Lincoln and 5 in Lancaster County) on a donation basis for people age 60 and older. Reservations must be made 2 working days in advance. Call the main office for locations, times, and menus. Other services available.

## **Meals on Wheels-Tabitha**

**486-8520**

4720 Randolph Street 68510

Provides hot, noon meal to individuals who are elderly or disabled.


Meals are provided regardless of ability to pay on a case-by-case basis.

# Local Food Programs –Daily




## Foodnet Sites

Foodnet provides mostly perishable foods such as fruits and vegetables, dairy products, and bread to all needy families. Foodnet has over 400 total volunteers and over 70 businesses that donate food. All food, labor, distribution sites, and vehicles for hauling are donated. Anyone that is in need of food is welcome to pick up from any site.  
[www.members.cox.net/foodnet/sites](http://www.members.cox.net/foodnet/sites)


### Sunday

- 11:00 am Countryside Trailer Court**   
327 Dawes Circle  
NO CHILDREN ALLOWED
- 3:00 pm Capital View SDA Church**  
17th and A

### Monday


- 10:30 am Calvert Rec Center**   
4500 Stockwell  
NO CHILDREN ALLOWED
- 12:00 pm Lincoln Christian Fellowship**   
4111 NW 44th (Airpark)
- 5:00 pm Southview Christian Church**   
22nd and South
- 5:00 pm Denton Community Center**  
Denton, NE

### Tuesday

- 10:30 am Calvert Rec Center**   
4500 Stockwell  
NO CHILDREN ALLOWED
- 4:30 pm Havelock United Methodist Church**  
4140 N. 60th St.  
NO CHILDREN ALLOWED
- 5:00 pm Pentecostal Church**  
130 S. 45th
- 6:30 pm Praise Temple**  
1822 N St.

# Local Food Programs –Daily

## Wednesday

**2:30 pm**    **Center for People in Need**      
3901 N 27th St.

**6:00 pm**    **Cristo Rey Catholic Church**      
42nd and J St.

## Thursday

**ALL THURSDAY LOCATION ARE  
WHEELCHAIR ACCESSABLE**

**11:00 am**    **Heartland Bible Church**      
2611 S. 56th


**5:00 pm**    **Grace United Methodist Church**  
27th and R  
NO CHILDREN ALLOWED

**5:00 pm**    **Lakeview United Methodist  
Church**  
230 Capitol Beach Blvd

**5:30 pm**    **Seward United Methodist**  
1400 N 5th  
Seward

**6:30 pm**    **Calvary United Methodist**  
1610 S. 11th (11th and Garfield)

## Friday


**11:00 am**    **Heartland Bible Church**      
2611 S. 56th

**11:30 pm**    **Middle Cross Church**  
29th and O St.

**12:15 pm**    **Grace Chapel PCA Church**  
40th and Sheridan Blvd

**5:30 pm**    **Linden Village Community Building**  
Milford

## Saturday

**10:30 am**    **Zion Educational Building**      
8th and D St.  
(If warm weather, foodnet at Cooper Park Shelter)

**11:30 am**    **7921 Sandalwood Dr** (Private home in garage)

**1:00 pm**    **St. John of Kronstadt Orthodox Church**      
28th and Holdrege

**1:00 pm**    **Wanek's Community Center**  
14th and Main  
Crete, NE

# Local Food Programs –Monthly

**SHARE Lincoln** is a network of non-profit organizations dedicated to providing affordable, quality food packages on a monthly basis.

1. Pick one of the locations listed to pick up your food.
2. Call the person to register and pay for your order.
3. Do two hours of volunteer work before you pick up your food.
4. Pick your food up on the date, time and location listed.

**Northeast SHARE Contact Sharon Doll 464-3068**  
**2909 North 56th Street**  
**Lincoln, NE 68504**

Leave a message and Sharon will call you back. You can mail your order in or take it to Clarice Mackey at the Salvation Army located at 27th and Potter. Call first and make sure Clarice is there. (402)477-9276

**Pick up is at:**  
**Fourth Presbyterian**  
**Church**  
**7:45-8:30 am**  
**5200 Francis Street**

## **2008 Order Dates**

**January 2**  
**February 6**  
**March 12**  
**April 9**  
**May 14**  
**June 11**  
**July 9**  
**August 6**  
**September 10**  
**October 8**  
**November 5**  
**December 3**

## **2008 Pick Up Dates**

**January 19**  
**February 23**  
**March 29**  
**April 26**  
**May 31**  
**June 28**  
**July 26**  
**August 23**  
**September 27**  
**October 25**  
**November 22**  
**December 20**

Volunteering is any activity you do for free for anyone besides someone who lives with you. So if you call to check on an elderly parent or baby sit for grandkids at your house or their house –that counts as volunteering. Baking for a neighbor or folding laundry for a neighbor would also count. Taking someone to the grocery store or to Neighborhood FOOD would count as a volunteer activity.

Volunteer 2 hours per month to qualify, and order as many packages as wanted.

# Local Food Programs –Monthly and Seasonal

## Lincoln Center SHARE

Contact: Kay Roberts 430-8204

Glenna Showalter 601-2136

Pick up is at : First Christian Church

Sat. 9:00 am 430 S. 16<sup>th</sup> Street

Can mail check, or use EBT card, or pay cash to Kay on the Deadline Date which is Friday at **CenterPointe 13<sup>th</sup> & E Streets between 10:30 and 12:00 noon**. Sign-Up deadlines for 2008 are noon on Friday(**1-4-08, 2-8-08,3-14-08, 4-11-08, 5-16-08, 6-13-08, 7-11-08, 8-8-08, 9-12-08, 10-10-08, 11-7-08, 12-5-08**) You may also mail a check (made payable to Lincoln Center SHARE) to Kay (1815 N. 62nd St Lincoln, NE 68505) before the sign-up deadline.

Volunteer at least 2 hours for friends, neighbors, or community and order as many packages as you would like.

Pick up is at 430 S. 16<sup>th</sup> Street First Christian Church (Alley Door) 9:30 -10:00 am. Deliveries are possible if disabled.

## LMEP SHARE Vi Johnson C-402- 540-6395 H-488-2923

Pick up is at 9:00 am 4600 Valley Road

Payment may be mailed to Vi Johnson, 8220 Elizabeth Drive, Lincoln, NE 68503 before the order deadline. Pick up is at this 4600 Valley Road on the delivery date at 9:00 am.

You may call any of the three locations in Lincoln.

The Web Site Monthly Food Package is accurate, current and changes on the first Monday after the Food Pick-up date each month. The web site lists the Food choices for the current month.

[www.shareiowa.com](http://www.shareiowa.com)

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## Community Crops

Contact: Ingrid Kirst or Diane Nelson

474-9802

Community crops is a group that manages all the community garden initiatives in the city of Lincoln. We provide tools (rakes, hoes, shovels seeds, resources and the garden space to grow your own healthy food. For more information check out our web site:

<http://www.communitycrops.org>

Email: [ingrid@communitycrops.org](mailto:ingrid@communitycrops.org) or [diane@communitycrops.org](mailto:diane@communitycrops.org)

# **Food Program—Monthly**

## **Angel Food Ministries Lincoln City Church 5001 South 1st**

Once a month, you can purchase boxes of fresh meats, fresh or frozen fruits and vegetables and non-perishable items. Menu varies from month to month. The food is always fresh, name brand products.

No application required. Everyone qualifies.

Cost is \$31.00 for a “Regular box”. Value of the food is approximately \$65-75 each month. Special boxes also offered each month.

**FOOD STAMPS OR CASH ACCEPTED.**  
**PAYMENT IN FULL REQUIRED WHEN ORDER**  
**IS PLACED.**

Call Lincoln City Church for more information. 421-9500

To order a food box go to the church at 5001 S. 1st  
Tuesday, Thursday, and Friday 9-4.  
Wednesday 10-4

# Local Food Programs –Emergency

## **Emergency Food Pantry System/ Food Bank of Lincoln**

Lincoln, NE 68510

Provides 7-day food supply for individuals or families in crisis through twelve emergency food pantries. Call the following Agencies for assistance:

### **Catholic Social Services**

**474-1600**

1313 Eldon Drive. 68510

Call in 1 day in advance for a 7-day Emergency Food Box. First six applications are accepted. You must have SS# for all family members, date of birth and complete a one-time application. You may receive a food box once every 3 months. Clothing Vouchers for Thrift Store are also available. Call Mon.-Fri. beginning at 10:00 am. No delivery is available.

### **Indian Center**

**438-5231**

1100 Military Road 68508

Call Mon.-Fri., 8-5 for an appointment for a 7-day Food Box. Eligible to pick up every three months. Must bring SS# for all members of household every time you pick up.

### **Good Neighbor Community Center**

**477-4173**

2617 Y Street 68503

Appointments needed, Call first. Begin taking calls at 9:00 am. Hours for food boxes are M-F, 10:00-2:00 pm. May pick up once a month. First time must complete application, must have SS# for all members of household, and proof of income each time. Special Needs boxes available. Everyone must have a client card.

### **El Centros de Las Americas**

**474-3950**

2032 U Street

Monday-Friday 9-5. Walk in or call.

# Local Food Programs –Emergency

**Lincoln Information for the Elderly** 441-7070

**Nebraska Aids Project** 476-7000  
Help available only for those with AIDS and HIV

**Nebraska Health & Human Services** 471-5185

**People's City Mission Distribution Center** 475-6888  
2101 N Street

Hours are 9 am-12 pm and 1-4 M-F. Closed on Wednesday afternoons.  
**Emergency Food Boxes** are available as well as other services. Requires proof of income and ID for each member of the household. Food boxes are available every three months, other services once a month.  
**Provides bread, produce, and perishable food distributed daily (you are allowed to pick up once per week-one per household)**

**The Salvation Army** 474-6263  
2625 Potter Street 68503

Hours for Food Boxes are M-F 1:00-4:00 pm. on a walk-in basis. Must have SS# for all household members, proof of residency, and proof of income. May be eligible once every three months.

**Veteran's Center** 476-9736  
Services for veterans only

# Federal Supplemental Food Programs

## **Food Stamps**

1050 N Street 68508

**471-7000** [www.fns.usda.gov](http://www.fns.usda.gov)

**Food Stamp** eligibility is based on income, family size, household resources, and other factors. Households in Nebraska must have incomes below 133% of the poverty guidelines to be eligible (\$26,600 annually for a family of 4 in 2006).

## **WIC-Women, Infants and Children**

**Lincoln-Lancaster County Health Dept.**

3140 N Street 68508 **441-6200**

### **Family Service**

501 South 7th St. 68508 **441-8655**

**WIC** is a supplemental nutrition program serving pregnant, breast-feeding, postpartum women, infants, and children up to age 5. Eligibility includes incomes up to 185% of the Poverty line (\$37,000 for a family of 4). Monthly WIC vouchers range from \$33-\$122 per month.

## **Senior Commodity Supplemental Food Program**

Indian Center

1100 Military Road 68508

**438-5231**

Serves Income-eligible elderly 60 years and older or families with children under 6 and not enrolled in the WIC program. Consists of a monthly food package.

Call M-F 8 am-5 pm **438-5231**.

## **Summer Food Program**

Lincoln Lancaster County Health Dept.

3140 N Street 68508

**441-8000**

Free meals for children age 2-18 at income-eligible community sites. Offered during the summer when reduced fee school lunches are not available.

Call **441-8000** for site information.



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402-476-4357

Handbook prepared by the Center for People in Need for the  
Neighborhood FOOD program. Please contact or email at the  
number or address above to add, update or remove information.

Updated January 09 by Maegan Pitts